

# Movers & Shakers

Portuguese Water Dog Club of the Carolinas



September 2010

## President's Message . . . .

Well, after months of practice and preparation, the **2010 Southern Splash Water Trial**, was an extraordinary success, even in the face of challenging weather. An event of this complexity requires that everyone **volunteer** time and commitment, and fortunately, as usual the Movers & Shakers members, as well as some of our non-member participants "pitched in" whenever needed for a multitude of chores - some big, some small - all efforts were appreciated; (And thanks to all members who managed to arrange time to attend our Friday M & S meeting.)

So, **thanks to all** for your support, but as always a few notables do stand out (and I apologize for any I might have missed).

**Pam Cuda**, our Water Trial Chair for the first time was supported by a cast of experienced and reliable "workers", to include individuals such as:

**Ken Taft** our Trial Secretary, ably assisted by **Connie Rego**, the two of whom not only had things such as entries, schedules, etc. ready to go for Trial, they were further challenged when the Saturday threatening weather required major schedule adjustments and they still managed to get everyone through the paces twice (if need be) for the weekend.

**Jill Flebotte**, who aside from taking charge of equipment every year (boats, markers, Club supplies), coordinated the workshop on Thursday (much enjoyed by the participants) and consistently remained our "go to" person for every question that arose related to Trial activities.

**Louise Mowbray**, who willingly assisted Jill with the Thursday workshop, once again scheduled Friday practice activities and miraculously continues to coordinate all of the ("well prepared" - as per Mr. Bubert) stewards throughout the two-day event.

**Mary Beth Johnson**, in her first year as our catering coordinator, did a fantastic job ! Aside from the daily needs, i.e. coffee, donuts, water, etc., she was responsible to plan and insure delivery of three lunches and the new menu for the Saturday catered dinner was complimented by a number of "consumers". (And by the way, Mary Beth is also our trophy chair.)

It is also important to include the individuals who help the Club raise money during our largest gathering of PWD fanciers during the year. **Jay Manion** spent a great deal of time "minding the store" and managed to move out a great deal of our old inventory (making money in the process), while **Marlene and Ron Nicewander** once again coordinated a very enjoyable and profitable raffle/auction.

Congratulations to all of our **successful exhibitors / participants** - some earning titles, other earning experience and all earning and /or further nurturing friendships. Thanks again for joining us and we expect to see you at future Movers & Shakers activities. Until we meet again.....*Linda*

### Upcoming Events

- **Sept 11** - PWD Picnic  
**Cancelled**
- **Oct 22-24** - Beach Weekend at the Island Resort, Oak Island
- **Nov 19-21** - Annual/Holiday General Membership Meeting in Conjunction with Greater Monroe Kennel Club shows

### M&S 2010 Board

- **President** - *Linda Fowler*
- **Vice-President** - *Connie Rego*
- **Secretary** - *Sandy Christie*
- **Treasurer** - *Jean Isaacson*

### Board Members

- **Lou Guthrie**
- **Pam Cuda**
- **Clint Eastham**
- **Marlene Nicewander**
- **Jill Flebotte**

## Movers & Shakers Picnic Scheduled for Sept 11 has Been Cancelled

Due to a death in Jill's family, the Picnic scheduled for Sept 11 has been cancelled. Our deepest condolences to Jill and her family.

## Annual Fall Beach Weekend

The annual **Beach Weekend** is confirmed for **October 22nd-24th** at the **Island Resort at Oak Island, NC** hosted by **Jean Isaacson**. For those of you who have not attended in the past this is one of the Movers & Shakers most successful gatherings.

We begin on Friday evening with a non-dog people gathering to be held this year at the home of **Mary Beth Johnson** (hostess extraordinaire). In lieu of members bringing a covered dish, Mary Beth has agreed to prepare our "munchies" for the evening. (We will be welcoming donations for her efforts.) But we do request that participants bring their own "beverages".

Saturday morning we gather for **breakfast at P J's** a local restaurant, with seating outdoors to accommodate your dogs (weather permitting).

Saturday during the day, we gather dogs for **activities on the beach**. We request that if you have your dog "off lead" that they remain "in you control" in order to maintain safety for all.

Then Saturday evening, the two-legged participants are invited to join with all for a **group dinner** at a local bistro.

Sunday morning is another **breakfast gathering** and time for the **dogs on the beach** before departure!

Jean has **reserved 8 rooms** including a two bedroom (205) for Jill and Maggie; two one bedrooms (102 and 203) and 5 regular rooms. When you call, be sure to let them know that you are with Movers and Shakers. We get a 10% discount, and your room will come off of Jean's credit card. The phone number of the motel is (910) 278-5644.

We are requesting **RSVPs for Friday and/or Saturday dinner** to Jean at [passincnc@mindspring.com](mailto:passincnc@mindspring.com) who can provide you with information such as addresses, etc.

We hope you will be joining us!!!!

## Holiday Party/General Membership Meeting/Annual Awards Presentation Set for November 20

**Location:** Cabarrus Arena, Concord NC  
In conjunction with Greater Monroe Kennel Club Shows November 19-21:

Offering competition in:

- conformation
- obedience
- rally
- agility

**Time:** After Breed Ring Judging (hopefully mid-day during the lunch period) A buffet lunch will be served by the Greater Monroe K.C, available to our participants for \$10.00. (We are unable to bring our own food into the venue.)

Please bring a \$20.00 (dog or person) gift to participate in our gift exchange.

**Host Hotel:** Hampton Inn Concord/Kannapolis  
612 Dickens Place NE  
Concord, NC 28025  
704-793-9700  
<http://www.concordkannapolis.hamptoninn.com/>

We have a block of 10 Rooms reserved for Movers and Shakers 11/19-11/21

Cost is \$99.00 plus tax. Rooms must be reserved by 10-28-10, with a 7 day advance cancellation requirement.

If booking online use Group Code : MAS  
PLEASE respond to Sandy Christy if you plan to participate: [DSChristy@carolina.rr.com](mailto:DSChristy@carolina.rr.com)

## Movers & Shakers Donate Trophies for Greater Monroe Kennel Club Show in November

The following trophies are being donated for the Saturday entrants November 20 2010 at the Greater Monroe Kennel Club show in Concord NC.

PWD - Best of Breed - Glass etched covered canister  
PWD - Best of Opposite - Glass etched candy dish  
PWD - Best of Winners - Glass etched plate  
High Scoring PWD in Obedience - glass etched platter  
High Scoring PWD in Rally - glass etched platter  
High Scoring PWD in Agility - glass etched platter



## Thunderstorms Don't Dampen Southern Splash

For the first time in its seven year history, thunderstorms interfered with events at Southern Splash on July 17 and 18. Saturday afternoon participants experienced what was initially a temporary rain delay due to thunderstorms. Teams continued to exhibit to the judges in the rain. However, the thunderstorms returned with more persistence forcing a postponement of the late Saturday afternoon schedule. Saturday participants were rescheduled to begin at 0800 on Sunday morning on a "once and done" format meaning that the team was disqualified as soon as an exercise was failed. Most teams completed successfully and the Sunday Trials began about one hour behind schedule using the same "once and done" format. The weekend was a success in many respects. There weren't too many dry eyes amongst those observing Liz Voltz' 14 year old son Colin as he successfully completed the Junior Water Certificate exercises with 'Alex.' The food, Saturday night dinner, location, team work, auction and raffle and opportunities to see old friends and make new friends were all what Southern Splash is all about.

### SOUTHERN SPLASH RESULTS

#### **Junior Water Certificate:**

*CH Valkyrie's Center Fielder "JD"* Handled by Sandra Foster

*CH Deerchase Darcy Takes the Dare "Darcy"*  
Handled by Kenneth Slagle

*Cove's End Just Add Water "Addy"*  
Handled by Marlene Nicewander

*CH Amarinhar Deepsea Diver CDX, AXJ, OA, AJP "Scuba"* Handled by Karen Kelly

*Ebb Tide's to the Rescue "Turk"* Handled by Susan Ledbetter

*Navegar Sweet Cherry Wine CGC "Abby"* Handled by Patricia Tirrell

*Cold Harbor's Sea No Evil CGC "Salazar"* Handled by Amy Shipley

**For Exhibition Only:** *CH, AOM Robel Alexander the Great Aquatass JWD "Alex"* Handled by Colin Rogers

#### **Apprentice:**

*CH Great Lakes Top Shelf Kilohana "Kilo"* Handled by Masako Mori

*Cove's End the Better Bet "Betsy"* Handled by Maggie Martin

*Cove's End MsB JWC, CGC "MsB"* Handled by Jennifer Wenk

*Cove's End Just Add Water JWC "Addy"* Handled by Marlene Nicewander

*Caladesi Razzell Dazzell Gone with the Ring "Razzel"*  
Handled by Raymond Brooks

*TagAlong's High Tea for Two JWC "Savoy"* Handled by Benita Bottom-Svitchan

*CnSand Freudian Sloop "Sloopy"* Handled by Verne Foster

*Vista Lago's Sand Dancer "Rio"* Handled by Ken Melson

*Driftwood's Night Lill Nancy NA, NJ, OA, NF "Magill"*  
Handled by Christine Bach

#### **Working:**

*CH Nautique's Starstruck Solstice AWD "Cosmo"*  
Handled by Linda Fowler

*Neptide First Lady of Chance CGC, AWD "Marta"*  
Handled by Connie Rego

*Kimlyn's Daydream RN, NAJ, AWD "Folly"*  
Handled by Candace Lawhorne

*CH Allyn All Perfection to a Tee RN, AWD "Indy"*  
Handled by Christi Wetherholt

*Endeavor's Phineas Son of Poseidon AWD "Phin"*  
Handled by Melinda Griffin

*CH SweetMeadows Pennies from Heaven CDX, RA, OA, NAJ, NF, AWD "Penny"* Handled by David Diehl

*Deers Chase's Christmas Bliss at Cove's End AWD "Bliss"* Handled by Marlene Nicewander

*Cutwater With All My Heart CGC, AWD "Tiki"*  
Handled by Mike Gallagher

*Cove's End the Better Bet "Betsy"* Handled by Maggie Martin

**Courier:**

*CH Seabunz Touchstone WWD "Lucy"* Handled by Jill Flebotte

*Bantry Wave Ryder TD, AX, MXJ, WWD "Ryder"*

Handled by Louise Mowbray

*Ol' Salt Classic Miss Margaret CGC, TDI, CD, RA, NA, NAJ "Maggie"* Handled by Tom Leather

*Ferncliff's Let's Roll UDX, RN "Chaney"*

Handled by Melinda Griffin

*Caladesi Sophia's Broken B OA, OAJ, WWD, CD "Sophie"*

Handled by Lisa Brooks

*CH Galaxy His Nobs Gustavo OA, AXJ, WWD "Guga"*

Handled by Alan Reisdorf

*CH Hat Trick's Clan of Cavan CWD "Reilly" (2<sup>nd</sup> leg)*

Handled by Julie Asbed

*Mariner Keepsake Hoku Ala CWD, CDX, OA, OAJ "Hoku"* (3rd leg) Handled by Mori Masako

*CH Hat Trick's Clan of Cavan CWD "Reilly"* (3rd leg)

Handled by Julie Asbed

**Versatility:**

*Seabunz' Ring of Bright Water CWD "Oscar"* Handled by Maggie Martin

*Robel Wind at Rivergate UD, RE, MX, MXJ, ONYX "Pesa"*

Handled by Candace Lawhorne

*Koko CWDX, OA, CD* Handled by William Penfield

*CT MACH2 Redwoods Sea Fox VCD4, RE, XF, CWDX*

*"Rixa"* Handled by Louise Mowbray

*CH Nautique's North Star Dadiva CD, OA, OAJ, CWDX*

*"Diva"* Handled by Jill Flebotte

*Mariner Keepsake Hoku Ala CWD, CDX, OA, OAJ*

*"Hoku"* Handled by Masako Mori

## Movers & Shakers Succeed at Splash Away at Calloway!

A significant contingent of M&S members attended the USSPWD Water Trial in Calloway GA on August 14-15 and while the skies threatened, and a breeze on Sunday afternoon made for new challenges, several M&S teams were successful in achieving water titles. Many thanks to the great volunteers who helped to make the event a big success! Winning teams include:

**Junior:**

*CH Rough Seas' Tempestade Quieta "Tequi"* handled by Daniel Roush

*CH Driftwood's Fantasea Beach Girl "Gidget"* handled by Cam Salvary

**Apprentice:**

*CH Sorte Segundo At Deer Chase RN, CD "Mark"*

handled by Margaret White

*Navegar Sweet Scherry Wine "Abby"* handled by Patricia Tirrell

*CH Nautique's Truman "Truman"* handled by Daniel Roush

*CH Caladesi's Dancin' to the dream "Tango"* handled by Lisa McClish

**Working:**

*Kimlyn's Day Dream RN NAJ AWD "Folly"* handled by Candace Lawhorne

*CH Hat Trick's Cornish Pixie's Hart AWD "Pixie"*

handled by Mary Sparks

*Great Lakes Top Shelf Kilohana AWD "Kilo"* handled by Masako Mori

*Cove's End MsB AWD, CGC "MsB"* handled by Jennifer Wenk

*Caladesi Gone with the Ring Razzell Dazzell AWD*

*"Razzel"* handled by Raymond Brooks

*Cove's End Just Add Water AWD "Addy"* handled by

Marlene Nicewater

**Courier:**

*Respingo's Don't Mess with Texas CD RE NF MX MXJ WWD SROM "Sassy"* handled by Pam Leshner

**Courier Water Dog Excellent:**

*Bantry Wave Ryder MX MXJ XF TD CWD "Ryder"*

handled by Louise Mowbray

*Ferncliff Let's Roll RN UDX WWD "Chaney"* handled by Melinda Griffin

*Seabunz Ring of Bright Water CWDX "Oscar"* handled by Maggie Martin

**Versatility:**

*Mariner Keepsake Hoku Ala CDX CWDX OA NAJ "Hoku"* handled by Masako Mori

## More Brags!

Christine Bach reports “*Magill* and I started competing in agility on her second birthday Jan. 28. She now has earned her NA, NJ, NF, and OA. I am new to agility, new to PWD's and new to performance dogs. She got 4 first places out of 5 runs in her first show. I was surprised to find out that most shows don't work like that. We are now running in Excellent and finding more difficult to place.”

Bliss (*CH Deer Chase's Christmas Bliss at Cove's End AWD, WWD*) finished her Championship on the first day of the Salem/Roanoke show. Bliss finished the week with a Best of Breed and was awarded the select points twice for a total of 1 Major and 7 points towards the Grand Championship.

Ken and Janet's Slagel's “*CH Deerchases Darcy Takes the Dare*” also joined the ranks of AKC Champions at the Salem/Roanoke VA shows.

In additions to earning two water titles this year, *Cove's End Addy (Cove's End Just Add Water)* went Best of Opposite Twice and Best of Winners once at the Greensboro shows.

Ann Frye is bragging too! *Rough Seas' Mystic Light CGC OAP OJP OA OAJ WWD* finished her Novice Jumpers Preferred title March 13, 2010; she finished her Novice Standard Preferred title May 8, 2010; she finished her Open Jumpers Preferred title August 14, 2010 and she finished her Open Standard Preferred title August 22, 2010.

In our last newsletter, the editor omitted mention of Julie Asbed's fourth place position for the 2009 Outstanding Breeder Award. No slight was intended. Please accept our apologies.

Send newsletter brags to [jmwenk@jenniferwenk.com](mailto:jmwenk@jenniferwenk.com)

### Waiting at the Bridge

**IZABELLA DO CODORNIZ**, (Izzy)  
Mike & Jeanine Orr

**CH NAUTIQUE'S SON OF A SAYLORMAN**  
(Saylor)  
Roxanne Hunter



### Welcome Aboard to New Members:

John and Lynn Melton, Reedville Virginia  
Barry and Anita General, Troutman, North Carolina  
Lisa McClish, Palm Harbor Florida

We look forward to seeing you at activities and on the water.

– Jan Mosher

### Movers & Shakers Resource Guide

Lorna Roush is still recruiting contributions to the Resource Guide. Email Lorna at: [lulurob@bellsouth.net](mailto:lulurob@bellsouth.net) and she can email you the form as well. If email is not an option for you a phone call will work too. Lorna can be reached at home most evenings. Her number is: 843-851-2061.

### The Events Coordinator Still Needs Your Help!

In order to plan events that would be of interest to the general membership, Connie Rego ([connierego@earthlink.net](mailto:connierego@earthlink.net)) requests that members send her suggestions regarding the following:

1. What event would you like to see the M&S sponsor?
2. What audience to you anticipate capturing?
3. What geographic area do you think would reply to this?

## Tellington TTouch® Training By Patricia Tirell

I have been learning about Tellington TTouch® Training (shortened to TTouch for the article) for about 10 years. Two years ago I decided it was time to formalize my training and started down the path to become a TTouch Practitioner. Currently I am a Companion Animal Practitioner in Training – which means that I will complete my training in spring 2011.

I started learning about TTouch to help foster dogs who were shy and fearful. I found that it also helped with many of their health issues. Then, about 18 months ago Charlie had diffuse pain all over his body that they couldn't find a cause for. Through TTouch I was able to help Charlie not be in pain. This was amazing to me considering he was on injectible pain medication! This past winter when Abby had Rocky Mountain Spotted Fever TTouch was an important part of her recovery process.

When I first started using TTouch I only used the body work – the TTouches themselves. Now I know that there is a whole lot more to TTouch than just the touches. Tellington TTouch®

Training is a gentle, respectful method of training honoring the body, mind and spirit of animals and their people. There are four components to TTouch that influence learning, behavior, performance, and well-being:

- Body work which is the Tellington TTouch ® (the actual touches)
- Ground Exercises which is the Playground for higher learning including the labyrinth
- Tellington TTouch ® Training Equipment – including body wraps and the balance leash
- Envisioning how we want our animals to be

Linda Tellington Jones developed the Tellington TTouch ® method in the 1970s after she studied with Dr. Moshe Feldenkrais, an Israeli physicist. She learned from Dr. Feldenkrais that through non-habitual movement the body can activate unused neural pathways to the brain and expand the ability to learn. Animals can apply non-habitual movement in one of two ways:

- The handler moves the animal's body in different ways
- The handler guides the animal through obstacles that encourage him to move in a different way

Here is a brief sampling of how each of the four areas of TTouch work:

### Body work:

Body work is used to help reduce anxiety, pain, improve circulation and general well being. There are more than 30 named TTouches! What does that mean? Well, there are a lot of ways to work with your dog to help whatever issue he may be having from grooming to fear of thunderstorms or riding in the car or you name it! In addition, TTouch can help build focus before a performance event. What is really interesting to me is that when you are present with your dog and focusing on doing the touches, you get a lot of benefit out of the session as well. If you build TTouch into your pre-warm up for agility, water trials, etc. you may find that you are much more focused and get more Q's!



*Here I'm doing the Chimp TTouch on Raz. My left hand is doing the Chimp and my right hand is an anchor so that he knows where both of my hands are at all times.*



*Here I'm demonstrating a TTouch on Christy so she will know how to do it on her dog.*

## Play ground for higher learning:

Helps build confidence by using non-habitual movement. The courses can be challenging for dogs to stay within the lines, stand quietly, stop, and make the turns because it is not an obedience exercise so directions are not given to your dog the way we typically do. You are simply asking your dog to be with you and stay in the lines. That can be very challenging for some dogs. This kind of non-habitual exercise is very good for dogs. The labyrinth builds confidence and improves your dog's balance. There are several different types of configurations that we use to get dogs to step over, around and through things that are very helpful.



*We are using a clothes line technique with Raz. It gave Raz a choice about how to move in the labyrinth which made his walk through the labyrinth successful. When we went through the labyrinth with just a leash before using the clothes line he pulled Maggie through it!*



*Above, Oscar did great with a loose leash in the labyrinth. He walked slowly and made all the turns and stops without any troubles.*

## Body Wraps:

We use a simple ace bandage to configure different types of wraps for different issues. These wraps apply simple pressure at certain points along the body and give comfort to your dog. In many ways it feels like someone is gently holding your dog.

Wraps that go around the chest of your dog encourage deeper breathing – which is important because often when a dog gets stressed they start breathing shallower.

Thundershirt is a pressure wrap which is different than a body wrap in that it applies pressure to a greater area of the body rather than to specific points. The Thundershirt design is based on the same principals as the body wraps which is why it works so well. If you find that the Thundershirt works pretty well, but it isn't completely effective – try adding a body wrap to it and I bet you will be really pleased with the results. I use this combination for car sickness and severe anxiety issues a lot.

Another method we use is to add a t-shirt (small, appropriate sized t-shirt) underneath the body wrap. This feels different than the Thundershirt and for dogs who have a fear of Velcro it is a good alternative. What I like about the Thundershirt versus the t-shirt is that the Thundershirt fits the dog well and it won't get caught on anything if your dog is running or walking around the house.



*Skipper, Sassy and Bo in their Thundershirts send regards from sunny Florida!*



*Takota has on a Thundershirt, a full body wrap and is using a gentle leader as her collar for two points of contact when walking on a leash.(Picture above right)*

## Equipment:

TTouch equipment isn't particularly specialized. We use the labyrinth, harnesses, leashes, and wraps. We use a step-in harness because it is placed higher on the back and it gives more flexibility for configuring a balance leash. We also use head halters when needed. The thing about TTouch is that really there isn't a whole lot of specialized equipment, we use what the client already has and work with that.

The balance leash is a great way to help a dog who pulls and still keep him balanced. Many of the no-pull harness systems work, but they don't keep the dog balanced. The other thing that is nice about the balance leash is that whatever you are doing you usually have a leash with you even if you don't have a special harness.



*The leash goes behind the leg and up in front of the dog's chest and tuck into the collar. It is important to have the open side by your leg.*

There are many ways to use leashes and ropes with the dogs. TTouch started with horses and we have learned a lot of techniques from horse training. Here is one more configuration – just for fun!



*Linda Tellington Jones demonstrates how to do a suitcase configuration on Charlie (you knew I would get a picture of Charlie in here somewhere!) The suitcase is helpful when you don't want a dog to escape and you don't have a harness handy.*

Patricia Tirrell, CPDT-KA

Tellington TTouch® Practitioner in Training

Sources:

*Getting in TTouch® With Your Dog A Gentle Approach to Influencing Behavior, Health, and Performance* Tellington-Jones, Linda

*The Tellington TTouch® Caring For Animals with Heart and Hands* Tellington-Jones, Linda

*The Tellington-TTouch Method: Make your practice easier with handling and relaxing techniques* Zurr, Daniela DVM